

## EVENT REPORT – INTERNATIONAL YOGA DAY

**Date of the event Held:** 21.06.2025

**Organizer:** Luminous Club, CMRTC

**Venue/Place:** Indoor Stadium, CMR Technical Campus

**Number of students Participants (students and Staff):** 92

The International Yoga Day was celebrated on 21st June 2025 at the Indoor Stadium, CMR Technical Campus, organized by the **Luminous** Club, CMRTC. The event was graced by Chief Guest Sri Ch. Gopal Reddy, Chairman CMRTC, and Dr. A. Rajireddy, Director CMRTC. Heads of various departments, along with 92 students and staff, actively participated in yoga sessions led by trained instructors. The event promoted holistic well-being and emphasized the importance of incorporating yoga into daily life.

**Outcome:** Participants reported improved flexibility, reduced stress, and a renewed commitment to a healthier lifestyle through regular yoga practice.

**Photo 3: Guest along with Yoga Trainer**



**Photo2: Participant along with trainer**



**Photo 3: Event Proof photos (Geo tagged)**



**Photo 3: Event Proof Photos**




Signature of faculty Coordinator